



# DISCIPLINED ORDER OF CHRIST



**North Central Region Fall Retreat  
OCTOBER 12-14, 2018  
Spiritual Center of Maria Stein  
Maria Stein, Ohio**



**“Experiencing the Mystics with  
Three Women Saints”**

**Presented By:**

**Michelle Reineck and Karen Small**

**Music By: Pamela Chappell**

We are blessed to have our own Karen Small and her friend, Michelle Reineck, as our presenters. Karen has been a member of the DOC since 1990 when she attended the National Retreat held at Radford University in Virginia with her husband, Stephen. Karen worked as a Registered Nurse and a Nurse Midwife for over twenty years.

Michelle has been a Lay Associate of a Carmelite Community for over 35 years. She worked as a Spiritual Director at a retreat house where Karen met her. She is married with three children and six grandchildren. Michelle attended one of our retreats several years ago and we are delighted to welcome her back as a presenter.

Karen and Michelle live in South Haven, Michigan and attend The Episcopal Church of the Epiphany, where they worship, practice yoga, and participate in a centering prayer community.

The three women saints that Karen and Michelle will share with us are Teresa of Avila, Thérèse of Lisieux and Claire of Assisi.

Teresa of Avila (1515-1582) was a prominent Spanish mystic, Carmelite nun, author, and theologian of contemplative life. Teresa was a woman “for God,” a woman of prayer, discipline, and compassion. Her heart belonged to God. Her writings on prayer and contemplation are drawn from her experience: powerful, practical, and graceful. Teresa was a woman “for others.” In her self, in her prayer, in her life, in her efforts to reform, in all the people she touched, she was a woman for others, a woman who inspired and gave life.

Thérèse of Lisieux (1873-1897) was born in France in 1873. She is popularly known as “The Little Flower of Jesus” or simply “The Little Flower”. Thérèse has been a highly influential model of sanctity for Catholics and for others because of the “simplicity and practicality of her approach to the spiritual life”. Together with Saint Francis of Assisi, she is one of the most popular saints in the history of the church. “My mission - to make God loved - will begin after my death,” she said. “I will spend my heaven doing good on earth. I will let fall a shower of roses.”

Claire of Assisi (1194-1253) is an Italian saint and one of the first followers of Saint Francis of Assisi. She founded the Order of Poor Ladies, a monastic religious order for women in the Franciscan tradition. Following her death, the order she founded was renamed in her honor as the Order of Saint Clare, commonly referred to today as the Poor Clares.



### **Raising Our Voices to Heaven!**

*“Music is an agreeable harmony for the honor of God and the permissible delights of the soul.”—Johann Sebastian Bach*

We are so blessed that Pamela Chappell brings her gift of music to us at each of our retreats. She will lead us in uplifting songs of contemplation and joy. Steve Small will accompany on piano.



### **FUTURE RETREATS – SAVE THE DATES**

2019 Spring Retreat – May 13-15, 2019      2019 Fall Retreat – October 11-13, 2019

2020 Disciplined Order of Christ National Retreat – August 6-9, 2020

#### **ABOUT DOC**

##### **Growth**

For 60 years, many people have found what they are searching for in the Disciplined Order of Christ (DOC), a Christ-centered spiritual movement. Members of the DOC humbly try to develop a balance between body, mind, and spirit. They join together in fellowship to encourage each other to follow a Christian life based on the life and teachings of Jesus Christ. The people in the DOC meet together in retreat settings, where they can experience longer periods of sharing and a richer exploration of their spiritual interests. They hear challenging speakers who offer guidance on important topics. They sing, laugh, and eat together and return home refreshed and renewed.

##### **Who We Are**

The DOC frees people to grow in the mind of Christ. Rather than a select association of those who claim that they have arrived at spiritual maturity, the Disciplined Order of Christ joins people together in a pilgrimage of those who are earnestly on the way. They recognize that all persons are created by God and are therefore worthy of Christ’s love. Diverse educational, cultural and religious backgrounds join persons together in DOC. They discover their common ground in the spirit of Christ. Some are ordained ministers, but most are lay members of their churches.

##### **Who We Try To Be**

Simply by opening themselves to God’s gracious ways, members of the Disciplined Order of Christ experience the transformation of the Holy Spirit in their lives, and then go to share the good news of the Christian faith with others, and to minister to their needs.

##### **DOC Disciplines**

Daily Private Devotions  
Personal Commitment Small Fellowship  
Active Congregation Participation  
Witness & Service  
Stewardship  
Ecumenical Fellowship

### **First Time Retreat Attendees Scholarships**

The North Central Board has elected to offer a total scholarship to first time attendees to our retreats. This is part of a national effort to bring more people to our retreats and introduce them to the Disciplined Order of Christ. **A \$50 registration fee** would be required to reserve a spot and would be sent in with the registration. The \$50 would then be reimbursed upon the registrant attending the retreat. It is hoped that we can not only increase attendance at retreats but, more importantly, it will give us the opportunity to share how DOC has impacted our spiritual journey and hope they discover how the Disciplined Order of Christ can be a part of their journey.

